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Southwestern Oklahoma State University's Student Publication

The Southwestern

Wednesday, April 22, 2009 · Volume 100 Number 23

A Musical Week



The campus of Southwestern was a happening place last week, and many events were all about music. Hundreds of students participated in the tenth annual SWOSU palooza, where local and national artists performed their music. In the first and third picture from right to left are members of the bands 306 and Skinny Road Walking. Another highlighted event of the week was the Panorama series The Fab Four (middle picture), which was an ultimate tribute to the Beatles. (All photos by Bigyan Koirala)

Increased activity fee goes to polls

SWOSU students are going to the online polls on April 20-24 to decide if they want to increase student activity fees to raise money for athletic facility upgrades, music department activities and student organization allocations.

All SWOSU students will be able to vote from Monday at 8 a.m. through Friday at 5 p.m. Voting takes place online at Desire2Learn, located on the SWOSU website. An open forum will be held Tuesday, April 21, at 6 p.m. in the Memorial Student Center Ballroom. Everyone is invited.

SWOSU currently has a student activity fee of \$8.50 per credit hour. The bill, proposed by the SWOSU Student Senate, will increase the fee by \$6 per credit hour.

If approved, the increase would be used to help build new athletic facilities, provide additional money for SWOSU student organizations and help update band uniforms and other expenses in the music department.

The bill, which was introduced by SWOSU Student Body President Greg Franklin and Student Senator Emalee Munn, was passed by the SWOSU Student Senate.



Students to visit Costa Rica this summer

By Melia Jacobi
Staff Reporter

Some Spanish students are taking a trip to Costa Rica. They are going to Grecia for a homestay program. There are eight students and two members of the community going.

Anyone interested is welcome to go. They try to keep the group to approximately 11 people.

The group will leave on May 10, the day after graduation. They stay from 2 1/2 to 3 weeks.

According to Susan Al-Jarrah, faculty sponsor of the trip, "No matter how much you study, you need to

see Costa Rica on page 2

Free food available during finals week

By Kenzie Axtell
Staff Reporter

The last thing students should be worrying about during finals week is where and how to get a nice meal.

Students need not worry. Local churches and the school have it taken care of.

"Free hot breakfast at the cafeteria for all students whether on the meal plan or not," said Dean of Students Cindy Dougherty.

Dougherty is referring to The President's Pancake supper that will kick off Finals week on Thursday April

30 at 10 p.m. until 11:30p.m.

The supper will be served by President John Hays and all the Vice Presidents, Deans, and Directors.

Prizes and greetings will be given out by C.A.B. throughout the night.

Also, the Wesley Center will be hosting a free lunch on Tuesday May 5 for all college students from 11:30a.m. to 1:00 p.m.

St. Eugene's Catholic Church located at 704 N. Bryan will provide a \$2 home cooked meal on Wednesday that also includes drinks and dessert from 11:00a.m. to 1:30p.m. for college students.

Conversation Starters

1 Indian bioengineers are currently working on creating an artificial human heart, modeled after that of a cockroach. Using the roach's heart as a model, the new prototype promises to be much cheaper and more reliable for implantation in humans than models currently in use.

Source: weirdasiannews.com

2

North Carolina State textile design professor Traci Lamar plans to develop "updated" hospital gowns that do not feature an open back.

Source: sfgate.com

3

Rubina Ali, who played young Latika in the Oscar-winning film "Slumdog Millionaire," was apparently offered for adoption by her father to undercover reporters from Britain's News of the World, for a mere £200,000 or nearly \$300,000.

Source: topix.net

NEWS

Westview winners...



Pictured above are the winners of the writing contest at the recent *Westview Writers' Festival*. The winners are (L-R) Paula Bell, Karena Van Horn, Corey Mingura, and Michele Charles, all SWOSU students. On the second row is Dr. James Silver, the editor of *Westview*.

New website shows that it ‘could be worse’

By Danny Vise Jr
Staff Reporter

Today, I was writing an exam when the student sitting behind me finished and left, kicking his water bottle under my chair. I paid no mind to it. Later, I receive a call from the school that I’ve been suspended. Apparently that water bottle had cheat notes written all on the inside of the label. Ok so that did not really happen to me, but it was written on the relatively new website, fmylife.com.

Launched on January 13 of this year, the web site has already made itself in to one of the top 3.500 most visited sites on the Internet, which is unheard of in such a short amount of time. Fmylife.com was created by Maxime Valette, 20, who is from Relms, Champagne, France. He started designing web pages when he was only ten years old.

“I must say that we were pretty confident about our success, since we launched the French version (ViedeMerde.fr) first in January 2008, and it is now the top entertainment website in France. In about 8 months, we have 400K visits a day, which is pretty awesome in France. We didn’t know that it (FML) could grow so fast, but with FML in less than 2 months we now have more than 1.5 million visits a day. For sure, it was a big big challenge as the CTO, since I’m in charge of all the scaling,” said Valette of whether or not he thought fmylife.com would be so successful.

The website consists of posts by people from all over everywhere. Members can add posts, comment on other posts and things like that.

Its not all fun and games though. Some mental health experts are afraid of it and other self pity web sites and their effect on people.

“Even if it’s done with humour, it can be

dangerous to describe oneself endlessly as a loser, it can prevent you from succeeding,” said Pierre Mannoni a French psychiatrist and author.

Some students here have caught on to the phenomenon.

“Fmylife.com is now on my list of sites to visit,” said Lea Williams, a sophomore art major, from Choctaw, Ok.

Some use it as a way to escape from their day. “It’s very fun to read. It makes me laugh. You think you’re having a bad day, and you can just go on there and see how much worse other peoples lives are,” said Cameron Craft, a sophomore interdisciplinary studies major, from Choctaw, Ok.

Other students are not so quick to love it though. “I think its kind of funny, but a lot of it is made up. Its also just a lot of whining. My life is great no matter how bad it may seem. Its just a bunch of babies with nothing better to do,” said Dillon Young, a sophomore communication arts major, from Enid, Ok.

Overall though the students who have visited the site seem to at the very least enjoy it. Some of the posts are mildly graphic in nature, with some of them containing sexual references so it is not for everyone.

10 certified in Tai Chi for Arthritis and Fall Prevention

By Robert Sam Lackey PhD, CT, Black Belt

“In spite of the shutdown of much of I 40 on Saturday March 28th, ten of the fifteen teacher certification candidates made it through to the Arthritis Foundation Tai Chi teacher certification workshop at the Cheyenne and Arapaho tribal facilities in Concho Oklahoma. Master Trainer Shelia Rae and Senior Trainer Joanne Zeitler made it in from Memphis to hold the first ever Arthritis Foundation Tai Chi for Arthritis and Fall Prevention teacher certification anywhere in Oklahoma. Texas has 33 active Tai Chi programs sponsored by the Arthritis Foundation, and until that weekend, Oklahoma had none.

The importance of this becomes clear when you get a glimpse of the big picture. The Arthritis Foundation has many different programs of many different types spread out across the state. So what is the big deal about Tai Chi training? The answer is simple. According to the Center for Disease Control, Tai Chi training is one of the best evidence-based forms of training to help the elderly prevent falling. The pain of arthritis is one of the main reasons people cut back on their physical activity, grow weaker, less stable, and desperately need a proven way back to strength and improved balance before they fall. They can even begin Tai Chi training sitting down! Tai Chi training is a low impact form of moderate aerobic activity, like walking, but it has the additional advantages of retraining the movements of the joints so that they are better aligned and hurt less. If walking hurts, it makes sense to reengineer the way we walk so that we hurt less, are willing to walk more, and are more willing to return to all of our daily activities.

By systematically retraining the way we step and turn, Tai Chi also prepares us so that if something trips or bumps into us we have actually practiced exactly how to escape that threat without losing our balance and falling. This makes Tai Chi training a natural partner for people who have already made it across the pain barrier and walk regularly out in the world where unfortunately unseen hazards take their toll every day. So when you step on that rock in the road or that bar of soap getting into the tub, the “empty step” training of Tai Chi will pay off in an instant.

In terms of health and safety, Tai Chi is a series of well designed and thoroughly tested escape plans that take you safely from avoiding one potential fall to confronting and escaping the next, while showing you how to maintain your balance, remain calm, become stronger, and much more confident. Like all survival training, the key is to simulate the challenge and then practice the solution over and over until it is automatic—a protective reflex.

Now that Oklahoma is on track, there are a number of individuals who deserve special mention for the role they played in this vital preventive healthcare initiative. A healthcare initiative that would save, not spend, billions at a national level.

The centerpiece of the certification program was the sponsorship and funding of the preliminary training, the facility use, and the Master Trainer. The sponsorship began with Dr. Henrietta Mann, president of the Cheyenne and Arapaho College at Southwestern Oklahoma State University, assessing the training and providing contact with Mr. Eddie Hamilton, director of the R.E.sp.E.C.T. program of the Cheyenne and Arapaho Tribes—which ultimately

funded the program. Governor Darrell Flyingman authorized the program and Margie Deer of the Reach Program and Danielle Johnson, director of the Diabetes program joined Mr. Hamilton in supporting and provided the means for several of their personnel to attend the training. Eva Olguin and Wendy Haag provided the vital day to day arrangements of facilities and communications. Dean Dr. Radwan Al-Jarrah and Dr. Les Price, both officers with the Cheyenne and Arapaho college, provided valuable counsel. Dr. Mann is currently considering Tai Chi training for herself and her staff at the SWOSU Wellness Center.

The Cheyenne and Arapaho tribes funded the training of Virginia Woods, Margie Deer, Eva Olguin, Teisha and Kathleen Tallbear, all of whom made it through the highway shutdown on Saturday morning and completed the certification training. Arrangements are being investigated to offer others who took the preliminary training to have another chance to take the certification exams.

Shelia Rae, International Master Trainer, broke new ground by providing the first American Arthritis Foundation teacher certification training offered in Oklahoma. Details about her extensive background and vital work both with Dr. Paul Lam’s Tai Chi for Health Program and the alliance with the American Arthritis Foundation can be found at taichiproductions.com. She was accompanied and assisted by Senior Trainer Joann Zeitler from the Jacksonville Arkansas Arthritis Foundation Tai Chi program.

Richelle McKinley of the Arthritis Foundation, conveyed that organization’s interest in bringing Tai Chi for Arthritis and Fall Prevention training to Oklahoma as soon as we could find a way to provide teachers certified in the Arthritis Foundation’s Tai Chi training program. Candace and Mucio Maceda, exercise specialists at the Bethany Nazarene Church who had been offering other Arthritis Foundation programs, were contacted by Richelle, attended, and are now certified to offer the Tai Chi program as well. Sherri O’Neil, executive director of the Oklahoma City office of the Arthritis Foundation, supports the expansion of the Tai Chi program and is arranging for meetings on the subject with other offices.

Audie Corning, Adult Education Director of the Western Technology Center in Weatherford Oklahoma has provided a critical service to persons interested in Tai Chi training in Weatherford and the surrounding area for almost two years now. With Mr. Corning’s support, the Western Technology Center has provided a free class room and vital secretarial support to the Tai Chi classes from the time when they were moved from the Pioneer Center in June of 2007. He is currently considering establishing the WTC Tai Chi classes as officially part of the Arthritis Foundation’s program. The Western Technology Center provided a practice site for the tribal members from the western part of the state.

Robert and Mary Zumwalt who work with the Wichita and Affiliated Tribes in the area of healthcare and physical fitness were both certified in the Arthritis Foundation Arthritis and Fall Prevention program.

Amber Moore, director of nursing for Universal Home Health Care Inc. and an active fitness instructor in the Newcastle area, took the training and received teacher certification.

I, Robert Sam Lackey PhD,CT, Black Belt and my daughter Alice brought

the Tai Chi for Arthritis and Diabetes training to sponsored program classes beginning in Fall of 2006. We were recertified by Master Trainer Rae and added the material needed for the Arthritis Foundation credentials. I provided the preliminary training for the tribal members and others preparing for the certification workshop at the Western Technology Center, as well as the Community Center and Native American Church at Concho.”

Dr. Lackey has taken this spring semester off from offering Tai Chi classes every 8 weeks to create alliances that will produce the vital element in turning a small scale health and safety program helping 8-10 people every 8 weeks, into a large scale preventive healthcare initiative complete with a growing number of nationally certified teachers. He is promoting the CDC’s efforts to establish fall prevention programs in communities and organizations where ever people care enough to take action . . . now that we know how.

Anyone interested in more information about nation-wide community based training or the establishment of Tai Chi as an evidence based method of making a major impact on fall prevention can consult the free CDC publication: [Preventing Fall: How to Develop Community –based Fall Prevention Programs for Older Adults](#). (National Center for Injury Prevention and Control, Atlanta Georgia 2008).

Dr. Lackey adds, “For those who believe that our economic recovery depends on controlling the cost of health care, consider the economic impact of cutting the number of falls among seniors about in half if we can provide them with fall prevention training. At present about one in three seniors fall every year. And the number of seniors is growing rapidly each year. So here is a cornerstone for an affordable preventive healthcare system that can save lives, and bring costs under control without creating long term debt or cutting vital services. Just in time! According to the CDC publication cited above, in 2004, more than 14,900 people aged 65 or older died of a fall related injury. That was one every 35 minutes! With direct medical costs back in 2000 totaling 179 million and 19 billion for nonfatal fall injuries, it makes me wonder how huge the numbers are now and how falling among the elderly got so far off the radar. Perhaps it was just costing too much, and the way to prevent it wasn’t clear. It is now!

Its worth remembering that this training takes place in days with a few weeks of preliminary practice. There is no heavy and expensive equipment. People use their existing facilities. With the help of a person active in fall prevention, all the healthcare providers in a community can coordinate their efforts, save countless lives, and preserve the dignity and independence of our own friends and family. And on the matter the matter of fairness, there is no need for concern that this will be a program that somehow favors one condition, or disease, or ethnicity, or political party, or economic class over another.

Everyone has parents and grandparents. They all deserve our help. In the past, we simply didn’t know how to take on this problem at a grass roots level—with ordinary people making an extraordinary difference in matters of life, death, and years of suffering. Now we do. Prevention is the key. One lesson at the right moment can save the hip that saves the home that saves the will and saves the life. Let’s do it.”

The Southwestern

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THE SOUTHWESTERN is the student newspaper of Southwestern Oklahoma State University. It is published every Wednesday during the fall and spring semesters, except during holidays and finals week. Students in the editing class serve as section editors, and students in the news gathering and reporting class serve as writers.

The editorial board meets every Wednesday at 6:00 p.m. in the journalism lab, Campbell 211.

THE SOUTHWESTERN encourages comments from the student body, faculty, and administration in the form of letters to the editor. All letters must include a name for consideration; however, the name may be withheld upon request.

The opinions expressed within signed editorials are the opinions of the writers; the opinions expressed in unsigned, boxed editorials are the opinion of the staff. Neither is necessarily the opinion of the university administration, staff or faculty.

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NEWS

Fab Four revive Beatlemania at SWOSU



(Left) Rolo Sandoval (Ringo Star) and Michael Amadore (George Harrison), of the Fab Four, perform one of the Beatles' hit songs. The Fab Four concert Tuesday evening drew people of all ages, from those who remember the original Beatles to new fans. (Photo by Larissa Copeland)



(Right) Andy Sarraf, who played Paul McCartney in Tuesday night's concert, performs as part of the Fab Four. The concert included three costume changes to represent each era of The Beatles' careers. (Photo by Larissa Copeland)

Communication can help save a bad grade

By Dillon Young
Staff Reporter

With the semester quickly coming to an end a lot of SWOSU students are scrambling to raise their grade at the last second.

Students, good or bad, usually have their own techniques of improving their grade late in the semester.

Caleb Roberts, a junior from El Reno majoring in History Education, suggests building the relationship between you and your teacher.

"Asking for help on understanding what is being discussed in class and showing interest helps," said Roberts.

"Doing that usually allows the professor to get to know you," added Roberts, "They could be more lenient if you are on the edge of a B or C grade wise."

Danny Vise, a junior Communication Arts Major from Choctaw, says to just ask. "Last semester I had a really bad grade in one class," Vise said, "I simply went to my Professor and asked him for extra credit. He

told me to write an essay over a certain topic, and if I did I would receive extra points."

Dustin Muckelrath, a freshman Park and Recreation major from Choctaw, stresses the importance of the final.

"In almost every class, your final is a big part of your grade," Dustin added, "Studying hard, cramming, and making a good grade on your final can significantly raise your grade at times."

Finals will begin on April 30th and last till May 6th.

Costa Rica *from page 1*

experience the culture."

The homestay is designed to give each student the genuine Costa Rica and Central American cultural experience.

Students are placed with middle to upper class family in Grecia, an agricultural and business-oriented city, and follow the family's routine. The families are carefully chosen and

students generally share a bedroom with a same-sex sibling but have a separate bed.

The students will experience how people behave, what they eat, and their way of life in general.

Al-Jarrah also says that during their stay, the students teach English to some younger elementary students and give baby clothes to

poor mothers with newborn babies. The students have some assignments to do while they are in Costa Rica.

They are responsible for keeping a log or journal of the day's activities and they have to talk to 2 new people each day.

According to Al-Jarrah, "Experiencing another language and culture teaches us about our own language and culture."

Coming up at SWOSU...

• History club presents movie

The Southwestern History Club will show the film The Passion of Joan of Arc on Thursday, April 23rd at 7:15PM in CAM 107. The film focuses on Joan of Arc's inquisition, trial, and burning at the stake. The film is "masterfully directed" with a storyline based on the transcript of the historical trial. Silent. 1928. French. 82mins. Free.



Professor Xiaomiao Wang (on right) browses Shanna Horton's (left) display over chemical combinations for clay glazes at the 2009 Scholarly Research and Activity Fair. This year's fair had greater turnout than any previous year. (Photo by Mindy Herb)

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FEATURES

Leon Polk Smith’s artwork featured at Southwestern

By Kallie Elder
Staff Reporter

The Southwestern Art Department is hosting a Leon Polk Smith art exhibit. The exhibit comes from Eastern Central University in Ada, Oklahoma, where Polk graduated from in 1934. The exhibit includes 22 of the 47 pieces held by East Central. The works will be on display till the end of April.

Smith was an influential mid-century abstractionist. Titled “American Masterpieces: Leon Polk Smith,” the exhibit contains two paintings, one collage, several artist-proof serigraphs, 12 larger-edition serigraphs and three larger-edition lithographs.

“His style is very minimalist and very stylized,” says Art professor E.K. Jeong, “For our students, it is a very nice way of understanding how the basic principles... apply in masterpieces.” Smith was a native Oklahoman, born, in what was at the time Indian Territory, in 1906. His mother was Cherokee.

Smith worked for many years as a telephone lineman, and a construction worker in Arizona before returning to Oklahoma and putting himself through college. “Leon Polk Smith hid his Indian heritage for a long time, fearing his contributions would be ‘pigeonholed’ as Native American pattern painting,” said Dr. Brad Jessop, chair of the



Department of Art at ECU.

“Even though he brought that sensibility, he was definitely working in the European tradition.” Smith taught school in Oklahoma then took additional courses at Columbia University in New York and graduated with a Master of Arts degree. It was at Columbia in 1937 that he saw his first Mondrian, who was very influential to his work. His work continued to evolve throughout his working life, including his ongoing developments with regard to the problem of space and form. Jessop said Smith was

one of the founders of Minimalism, Post-Painterly Abstraction, Formalism and Neo-Geo. The traveling exhibit of Smith’s works is funded in part by a grant from the National Endowment for the Arts.

Leon Polk Smith died in 1996. He provided ECU with the bulk of its collection as a gift in 1993. Admission is free, and the public is invited.

Hours are 8 a.m. until 5 p.m. Mondays through Fridays. For more information, contact E.K. Jeong in the SWOSU Art Department at (580) 774-3035 or ek.jeong@swosu.edu.

Movie Review



The Haunting in Connecticut

If you are looking for a chillingly, mysterious, thriller that you will keep you on your toes then The Haunting in Connecticut is just the movie for you.

This flick released in theaters on March 27th and has earned nearly \$38 million in the box office so far.

This well-documented story consists of a family forced to relocate while their son Matt Campbell (Kyle Gallner) is being treated for cancer.

Drained emotionally and financially, the Campbell’s moved into the first available size-worthy home. Later, they realized it was used as a monetary with a dark history.

When Matt first begins seeing paranormal activity his mom, Sara (Virginia Madsen) and father, Peter (Martin Donovan) blame it on the new treatments and medication he is taken.

Finally, Matt seeks out a reverend with same sickness as he has who has undergone similar experiences. Rev. Popescu (Elias Koteas) comes to the rescue when the other children, Wendy (Amanda

Crew) and Billy (Ty Wood) begin seeing odd things as well.

After extensive research, Wendy finds the dreadful truth about the haunted home. It was often open to the public who were seeking out to reach the deceased. The funeral manager’s assistant, Jonah (Erik Berg) was the medium for the séances, and was used to communicate the living and the dead.

When Rev. Popescu removed Jonah’s spirit from the home, the dead were enraged. They began putting the family through much worse than they had experienced this far. Finally, Matt realized what he had to do after numerous encounters with Jonah.

With clever directing by Peter Cornwell, this film is a “must see” for thriller seekers. It will give you just the scare you are thriving for, plus a creative story line that keeps you interested. The fact that it is based on a true story is something to chew on throughout the movie as well.

-- Jasmine Cochran

The Knowing



The movie Knowing started in a setting in 1958, where a teacher asked a group of students to draw a picture to be put in a time capsule. It would then be buried for fifty years by a new generation of students. This was to be part of a dedication ceremony of a new elementary school. A young mysterious girl however, did not draw a picture, she instead wrote a lot of random numbers on a sheet of paper.

Then fifty years later it was dug up and knowing everything is not always what you think it would be, as young Caleb Koestler (Chandler Canterbury) soon finds out. It is his father Professor John Koestler (Nicolas Cage) that is mystified by these numbers and soon finds out the true meaning of these numbers and sends him on action packed adventure to find out the meaning. He finds out that these numbers are encoded messages of dates of terrible disasters and the dates they happen and the number of people who die in these disasters since the beginning of time.

He nearly escapes death in one scene

when he tries to stop some of these disasters from happening, like when the subway comes crashing together, and the airplane crash.

Then there are the children who can only hear certain voices and they know that someone is following them. It is just a matter of time before they find out who it is and why they are followed.

It is a good science fiction movie that combines action with it also. It will leave you guessing until the end and what happens. I enjoyed it except for the ending and when you see it you’ll know why.

--Dianna Fair

BULLDOG BITES

Readers may submit recipes to be published to thesouthwestern@swosu.edu.

Butterfinger Cheesecake

from razzledazzlerecipes.com

- * 1 no bake cheese cake mix
- * 1/3 C. margarine, melted
- * 3 T. sugar
- * 3 (2.16 oz) Butterfingers, finely chopped
- * 1 1/2 C. cold milk
- * 9 inch graham cracker pie crust

For crust, combine graham cracker crumbs, 3 tablespoons sugar, 1/2 of finely crushed Butterfinger mixture and 1/3 cup melted margarine. Using fork, press mixture against sides and bottom of 8 or 9 inch pie plate. For filling, pour 1 1/2 cups cold milk into small mixing bowl. Add package contents and beat at low speed with electric mixer until blended. Beat at medium speed 3 minutes longer. Fold remaining half of finely crushed Butterfinger bars into filling mixture. Pour into crust. Chill 1 hour.

This Week in History



- April 22, 1970- Earth Day, an event to increase public awareness of the world’s environmental problems, is celebrated in the United States for the first time.

- April 23, 1564 - According to tradition, the great English dramatist and poet William Shakespeare is born in Stratford-on-Avon.

- April 24, 1962 - The first coast-to-coast telecast by satellite takes place on this day in 1962.

- April 25, 1964 - The Toronto Maple Leafs defeat the Detroit Red Wings, 4-0, and win the National Hockey League’s Stanley Cup championship, four games to three. The victory marked the Maple Leafs’ third consecutive Stanley Cup victory.

- April 26, 1954 - The Salk polio vaccine field trials, involving 1.8 million children, begin at the Franklin Sherman Elementary School in McLean, Virginia.

- April 27, 1956 - World heavyweight champ Rocky Marciano retires from boxing at age 31, saying he wants to spend more time with his family. Marciano ended his career as the only heavyweight champion with a perfect record--49 wins in 49 professional bouts, with 43 knockouts.

SPORTS

Bulldogs take one game from Tarleton

Bulldogs need at least one more win to make playoffs

By Sports Information

Southwestern Oklahoma State University’s wait to clinch a berth in the Lone Star Conference baseball tournament was extended yet another week as visiting Tarleton State won three-of-four in a weekend series completed Sunday in Weatherford.

Southwestern won the first game 16-4 only to see the Texans win three straight by scores of 11-7, 1-0 and 5-2. Southwestern, now 27-21 overall and 21-19 in the Lone Star Conference, will close its conference season Friday and Saturday with an important four-game series with league co-leader Cameron University.

Southwestern will most likely need to win at least one, perhaps two to assure its third berth in the LSC’s post-season event. The two teams will play a doubleheader Friday in Weatherford and conclude the series Saturday with two games in Lawton.

Tarleton started Saturday by winning the completion of a suspended game Friday. The Texans made their 9-7 lead hold and added a pair of runs in their last at bat for good measure to win 11-7.

In game three, Southwestern managed only three hits off Tarleton starter Danny Morris who went the distance in throwing his first shutout of the year. Southwestern starter Drake Accord pitched well

but received little offensive support. Accord allowed just seven hits and only a second-inning run ruined what would have been seven straight zeros. Accord’s record is now 5-3.

In the finale, Tarleton State got to Southwestern starter Chris Morrison early scoring three runs in the first two innings to go up 3-0. Southwestern picked up a run in the fourth on an RBI single by Travis Rose and closed to within 5-2 in the sixth when Ricky Kirby singled in a run.

Tarleton starter Josh Kelly pitched shutout ball in the final three innings to record the complete-game win and pick up his second win of the year.



The Southwestern softball games this weekend were the last of the season. Southwestern finishes its record at 14-28. (Photo by Bigyan Koirala)

Softball team ends season

By Sports information

Southwestern Oklahoma State University ended its 2009 softball season losing a pair of tight games to nationally-ranked Southeastern Oklahoma State University by scores of 4-0 and 2-0.

Southwestern finishes the year with a record of 14-28 and were 6-18 in the Lone Star Conference North Division. Southeastern improved to 44-9 and ended up as the LSC North champions with a mark of 19-3.

In the first game, Southwestern managed just three hits off Southeastern pitcher Marjorie Johnson who won to improve her record to 22-3. Johnson struck out 13 Bulldog batters while walking just one.

Brittany Strickland had two of Southwesterns three hits including a leadoff double in the seventh. She moved to third later in the inning but was unable to score as the final two Southwestern batters were retired.

Katie Raines took the loss on the mound for the Bulldogs. She pitched six innings, allowed nine hits, four runs and struck out one while walking six batters. Raines finishes her freshman year with a 5-10 record.

In the second game, Southwestern got four hits off Southeastern starter Jami McAdoo but were unable to push across a run. Laiken Lester, Kristyn Shawver, Stacey Creger and Amy Barrios each singled in the game.

Alex Zukerman took the loss in her final game for Southwestern. The Lawton senior worked six innings, allowed seven hits and only two earned run and fell to 4-10. She ends her career having pitched more innings than any other previous Southwestern pitcher with 449 career innings.



Men place 4th in rodeo

Southwestern Oklahoma State University placed fourth in its own rodeo Saturday scoring 245 points. The Bulldogs were led by bareback rider Dusty Gracia who finished second in his event with combined rides totaling 150 points.

Oklahoma Panhandle State University was the top finisher in the men’s standings collecting 710 points. The Aggies were followed by Northwestern Oklahoma State University in second place with 370 points and Garden City Community College with 290 points was fourth.

The All-Around Cowboy award went to Tyrel Larsen of OPSU who finished among the top three in both saddle bronc and bull riding competition.

Southwestern has two more rodeos remaining this season with the next at Rogers State beginning on April 17 before concluding the season at Northeastern A&M on April 23.

37th Annual SWOSU Rodeo called a success

\$ 10,000 raised for American Cancer Society



Southwestern’s athletes demonstrated their skills at the 37th Annual SWOSU Rodeo at the Don Mitchell Arena in Weatherford, including this barrel racing competition. (Photo by Bigyan Koirala)

By Linsey Hale
Staff Reporter

Many of the nation’s top collegiate rodeo performers competed in the 37th Annual Southwestern Oklahoma State University rodeo that began its three-day run Thursday, April 10 at Don Mitchell Arena.

The rodeo was a sanctioned event of the Central Plains Region of the National Intercollegiate Rodeo Association.

Southwestern’s rodeo coach, Chad Ramirez, counted this year’s rodeo as a successful one.

“There was a good crowd with a lot of out of town folks. Nineteen different schools show up to Weatherford’s rodeo.”

Besides being entertaining, the Southwestern rodeo team also brings new faces and adds business to the town of Weatherford.

“Every time the rodeo is in town, all of the restaurants, hotels and parks are full. I think the Southwestern rodeo benefits Weatherford economically by bringing business to the local retail stores, too,” Ramirez said.

The Southwestern rodeo draws nearly 500 cowboys and cowgirls that

compete for a wide range of prizes that include money, buckles, saddles and an opportunity to qualify for the 2009 College National Finals Rodeo.

Competition is waged in nine different events that include team roping, saddle bronc, steer wrestling, breakaway roping, goat tying, barrel racing, bareback riding and bull riding.

Southwestern’s 34-member rodeo team along with 22 different colleges from the Central Plains region were represented at the event. Both Southwestern men and women’s teams are ranked in the regional standings and are considered one of the favorites in the event.

The special “Tough Enough to Wear Pink” performance was performed on Friday.

“The contestants all donned pink shirts in support for breast cancer awareness. We also gave away a 32” television and a Wii Friday night,” Ramirez said

The rodeo team was also able to help raise money to the American Cancer Foundation, Ramirez said.

“This year we raised \$10,000 for the cancer foundation. It was a very successful three nights and I am proud of my team on and off the arena.”

BACK PAGE

ACROSS

1. Novice
5. Confuse
10. Pack to capacity
14. Owl sound
15. Four-door car
16. Goddess of the dead (Norse mythology)
17. Inapposite (3 words)
19. Epic poem
20. Universal Resource Locator
21. Conscript or impose
22. Large black birds
24. A contest of speed
25. Statistical norm or mean
26. Not quite
29. A dark purplish red
30. Duck sound
31. Wholeness
32. Golfer Ernie ____
35. Website addresses
36. Garlic bulb
37. Assemble or modify written material
38. Alias
39. Anglerfish
40. Riotous fight
41. French form of "Peter"
43. Early Soviet space station
44. Bluish-gray whiting
46. Fellas
47. Woodwind musician
48. Explosive device
49. Undergarment
52. Policemen
53. Relating to the study of relative growth
56. Member of the lily family
57. ____ Arabia
58. Money
59. Make a sharp hissing sound
60. A ridge of the earth's crust
61. A Chinese breed of small dogs (abbrev.)

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17				18							19			
20				21					22	23				
			24					25						
26	27	28					29							
30						31					32	33	34	
35					36						37			
38				39						40				
		41	42						43					
44	45							46						
47							48				49	50	51	
52					53	54					55			
56					57						58			
59					60						61			

DOWN

1. You (archaic)
2. Not mine
3. Moslem unit of weight
4. Prefix indicating the ear
5. Distinct feature or element
6. Turn up or loosen
7. Normandy invasion day
8. French for "Lake"
9. Unsettle
10. Goat cheese
11. Done several times
12. On or with
13. Billiard trick shot
18. A liquor container
23. Ethereal
24. Mythical birds of prey
25. Possessing life
26. Shade of blue-green
27. Lie in ambush
28. Inopportune
29. Hundred dollar bill (slang)
31. Extreme
33. French for "Place" or "Location"
34. Leave intact (proofreading)
36. Ashcake (2 words)
37. Snake-like fishes
39. Garlands
40. Perhaps
42. Wading birds
43. Peak
44. South American shrubs
45. Greek units of weight
46. Freight
48. Indistinct representation
49. Hillside
50. Danger
51. Dull pain
54. A Tai language
55. An Internet data exchange protocol

Sudoku

			9		1		6
	6			4			9
5							8
8							6
1			4		3		9
	3						5
	5						3
	4			1			2
9		6			7		

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Sudoku: Number puzzle in which numbers must be fit into a 9x9 grid such that each numeral appears exactly once in each row, column and each of nine 3x3 blocks.
Answers at the bottom of this page.

Word Search

courtesy of mirroreyes.com

N	O	I	S	S	E	C	C	A	F	F	E	I	N	E
M	O	O	L	B	S	L	E	N	N	O	S	R	E	P
K	C	A	U	Q	O	E	L	B	A	X	A	T	S	C
U	O	C	Y	A	N	U	L	I	T	A	N	Y	T	O
C	U	Y	H	N	D	A	N	H	V	S	K	A	E	M
O	R	E	T	A	N	O	I	T	C	E	F	F	A	B
N	T	R	R	I	L	E	L	G	I	E	D	P	D	A
S	S	O	O	R	U	L	D	E	O	F	E	U	F	T
O	H	V	W	A	E	R	E	D	S	L	U	P	A	I
N	I	I	T	B	R	G	G	N	I	C	O	L	S	V
A	P	N	S	R	G	J	A	N	G	R	E	E	T	E
N	R	R	U	A	G	I	L	E	O	E	D	N	H	F
T	A	A	R	B	O	B	S	T	A	C	L	E	C	T
K	E	C	T	E	E	R	C	S	I	D	N	I	B	E
A	N	X	I	E	T	Y	R	E	N	A	C	I	H	C

- accession
adolescence
affectionate
agile
anxiety
- doles
eager
fees
- personnel
quack
roar
- barbarian
bedridden
bountiful
- incongruity
indiscreet
- litany
taxable
- caffeine
carnivore
challenge
chicanery
combative
consonant
courtship
- lived
loom
- theologian
trustworthy
- near
nets
- vaudeville
- obstacle

Answers

9	1	6	3	2	7	4	5	8
3	4	8	5	1	9	6	2	7
2	5	7	8	6	4	9	1	3
6	3	9	7	8	1	2	4	5
1	2	5	4	6	3	8	7	9
8	7	4	2	5	9	3	6	1
5	9	1	6	3	2	7	8	4
7	6	3	1	4	8	5	9	2
4	8	2	9	7	5	1	3	6

E	K	E	P		T	S	R	O	H		S	S	I	S
H	S	V	C		I	D	U	S	A		E	O	L	V
C	I	R	T	E	M	O	L	A	L		S	O	P	O
A	R	A	B		B	O	B		T	S	I	O	B	O
			S	Y	G	U	A		N	A	B	I	R	O
U	T			S	A	L	V		E	R	R	E		
E	E	L	E	M		E	T	E	L	O		A	K	A
T		E	D		E	V	O	C		L	S	R	L	U
S		E	L		Y	T	I	N		U	K	A	C	Q
		T	E	R	A	C	L		T	S	O		A	L
E	G	E	R	A	V	E	A		C	E	R	A		
S		E	N	S	A	V	E	R		Y	L	E		U
S		O	S		E	P	O		C	E	F	O	T	O
A		H	E	L	A	N		S	E	D	A		O	H
C	R	A	M					E	A	D		R	O	T

off the mark .com by Mark Parisi

